

Is Your Child's Anger Like an Uncontrolled Explosion?

Blue Water Counseling is now offering a 6-week seminar for Children ages 7 to 10 years who need support for their erupting emotions.

Calming Your Anger Eruption: Anger Management for Children

Teaching children:

- What is anger
- How do I look when I'm angry
- What makes me so angry
- Healthy ways to express anger
- Peace making skills

Each session will also include techniques and exercises for parents to use with their children at home.

When: Wednesdays November 18 thru December 23 from 5:45pm - 6:45pm
Where: Blue Water Counseling, 1501 Krafft Rd., Fort Gratiot, MI
Cost: \$25 per class OR \$125 for 6 classes if payment is initially made in full
To Register: Call Rachel Bemke, TLLP at 810-985-5125 x144. Space is limited.

Check out our website at: www.bluewatercounseling.com

